



CEDAR VIEW APARTMENTS:

A 199-unit apartment building owned and operated by the County of Lehigh, providing housing for self-sufficient, income eligible adults 62 years and older and for qualified persons who are physically challenged. A senior center is also located at this site for lunch and activities.

NEIGHBORHOOD SENIOR CENTERS:

Strategically located Neighborhood Senior Centers throughout the County are designed to be a focal point primarily for persons 60 years of age and older and their spouse. Each center is a resource for education, health screenings, senior exercise programs, social/recreational activities, nutritional needs, as well as volunteer opportunities.

HOMEMAKER/HOME SUPPORT:

Service is provided by contracted providers and income guidelines apply for adults 18 to 59 years of age. Services provided are basic care and management of the home to ensure safe and sanitary conditions that an individual cannot meet independently and has no one available to assist them, and/or instruction to family members in home management.

PA LINK TO AGING AND DISABILITY RESOURCES:

PA Link to Aging and Disability Resources is a cross-age system network of partner agencies who collaborate to service individuals who need long term services and supports. The coordinated network of partners allows a consumer to initiate contact with any Link partner and access needed information, assistance, and resources. The "no wrong door" approach attempts to minimize duplication of efforts by both consumer and provider.

HOUSING CASE MANAGEMENT/ HOUSING ASSISTANCE:

Coordinates case management to assist eligible homeless or near homeless individuals and families. A contracted housing case manager works closely with individuals in service planning, establishing links with appropriate services and advocacy with landlords.

Lehigh County Office of Aging & Adult Services

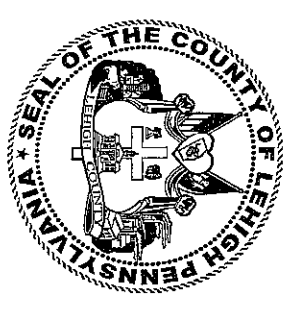
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17 South Seventh Street
Allentown, PA 18101-2401
(610) 782-3200
Fax: (610) 820-2028 and
(610) 871-2890
www.lehighcounty.org

Hours of Operation:
Monday through Friday,
8:30 a.m. - 4:30 p.m.

The Office of Aging and Adult Services is a part of the Lehigh County Department of Human Services.

Produced for the benefit of Lehigh County residents through Federal, State and Local tax dollars.

*The Lehigh County Office of
Aging & Adult Services*



The Office of Aging and Adult Services is committed to supporting and empowering the well being of adults of all ages, residing in Lehigh County. Information and assistance is provided to enable individuals to remain active, healthy, productive and independent in their community.

INFORMATION AND ASSISTANCE:

Agency staff provides information and answers questions for specific program and/or service eligibility. Staff also provides assistance with benefit applications including, but not limited to: PACE, Property Tax/Rent Rebate, and water and sewer rebates. The agency maintains a broad array of information on aging service providers and resources. Many resources, forms, additional information and links to community organizations are available on the Aging and Adult Services website at www.lehighcounty.org.

TRANSPORTATION:

The Shared Ride Program provides reduced fare transportation services to eligible persons 60 and older. The agency sponsors trips to Adult Day Service facilities and Senior Centers to those who qualify, as funding permits. Staff assists in completing applications for the paratransit LANta Van system.

ASSESSMENT:

Comprehensive assessments are completed to determine the consumer's level of care as well as medical eligibility for nursing facility care. Through the assessment process, the care manager reviews options for home and community-based programs, personal care and assisted living facilities.

CARE MANAGEMENT:

Care Management develops a plan of care that is coordinated with formal and informal supports. It supports the consumer's individual preferences and independence with a focus on health and safety and based on their lifestyle and cultural needs. It also provides on-going monitoring and reassessment of the care plan.

PERSONAL ASSISTANCE AND CARE SERVICES:

Includes assistance with Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL), such as feeding, skin and mouth care, ambulation, bathing, hair care, grooming, shaving, dressing, transfer activities.

ADULT DAY SERVICES:

Offers an interactive, safe, supervised environment for older adults. It also provides a reliable source of support and respite for caregivers. All adult day services in Pennsylvania provide personal care, nursing services, social services, therapeutic activities, nutrition and therapeutic diets, and emergency care.

PERSON CENTERED COUNSELING:

A person-centered decision support process whereby consumers, family members and/or significant others are supported in their deliberations to determine appropriate support choices in the context of the consumer's needs, preferences, values and individual circumstances.

AGING WAIVER PROGRAM AND NURSING HOME TRANSITION:

Consumers and family members interested in applying for the Aging Waiver Program and Nursing Home Transition (NHT) can contact the Independent Enrollment Broker, Maximus at 1-877-550-4227.

OMBUDSMAN PROGRAM:

The ombudsman advocates for, and protects the rights of the older person receiving long-term care services to improve the quality of care and quality of life for older individuals. This program also works to improve and enhance the long-term living system, its laws, regulations, policies and administration through public education and programs to empower facility residents.

HEALTH AND WELLNESS:

-Fall Prevention Classes
-Exercise Classes
-Chronic Disease Self-Management Workshop

HOME MODIFICATION:

Minor household repairs to maintain health and safety in the home. Work includes the installation of handrails, bathroom safety devices, ramps, interior painting and non-cosmetic repairs.

CAREGIVER SUPPORT PROGRAM (CSP):

This program provides benefits to primary caregivers to help relieve caregiver burden by way of coordinated support through an appointed care manager; on-going support such as break from caregiving, education and counseling; reimbursement for supplies used to care for your loved one; and providing older caregivers with help caring for younger relatives.

APPRISE:

Health Insurance Counselors help you understand health insurance options, answer questions about Medicare, Medicaid and Medicaid. Counselors will provide information on benefits, entitlements and assist with insurance appeals. They will assist in making informed choices and help with medical insurance paperwork.

PROTECTIVE SERVICES:

Investigations and interventions are provided in order to protect the health, safety and welfare of adults who are unable to protect themselves, and are at imminent risk of being physically and/or mentally abused, neglected, financially exploited or abandoned.

